

Yoga @ ^{finca}la maroma



THE MEN'S PATH : a Yoga Holiday with Daniele & Richard

Sun 17 – Fri 22 May 2026

Step away from everyday life and join Daniele & Richard for a transformative experience designed exclusively for men. We combine traditional yoga, fitness, breathwork, meditation, and mindful connections, giving you the space to relax, explore, and grow — both on and off the mat.



FREEDOM : a Yoga Holiday with Giacomo

Sun 24 – Fri 29 May 2026

Join Giacomo for 5 days of meaningful and transformative practice, delving deep into your personal Yoga journey to learn, question, experience and reconnect to yourself. Through daily practices including calming pranayama (breath work), meditation, asana sequences and more you will have the opportunity to challenge yourself in a supportive and encouraging environment, surrounded by like-minded yogis in the beautiful, naked / clothing optional natural setting of Finca la Maroma.

Each **Men's Naked Yoga Retreat** at Finca la Maroma includes:

- 5 nights accommodation (shared double studio / single option available*)
- Full and varied programme of daily yoga; meditation, pranayama, asana
- Inclusive teaching appropriate to all levels of fitness and experience
- Plenty of free time to enjoy the space, tranquillity and freedom offered by Finca la Maroma's beautiful secluded location (see www.fincalamaroma.com)
- Delicious home cooked vegetarian meals (including wine with dinner)
- Use of heated pool, jacuzzi, gym, all in a clothing-optional environment
- Optional shared Airport Transfers can be arranged
- Optional chillout weekends (20% discount, or **free** if you book two retreat weeks)

Booking:

€795 per person

*Private Studios (double for single occupancy, on a limited basis) for a €200 supplement

25% deposit to reserve a place. Balance due one month before the event begins.

Special Offer : Extra nights before / after the retreat are available at a discount rate of €100 per night (room only). If you book both retreats, the weekend in between is free of charge!

Travel:

Arrival on Sunday - please book a flight to Malaga which lands by about 16:00 to ensure you're here in time for the welcome drinks and dinner.

Most guests hire a car to reach the Finca (see our advice here:

<https://fincalamaroma.com/faq/>).

Direct airport transfers are also available at €70 each way for up to 3 passengers.

Departure on Friday after lunch.

Contact Tom or Mark to reserve your place:

email: fincalamaroma@gmail.com

Places are limited, so please book early to avoid disappointment!

